

# Oceanbird Lounge Menu

## Boards and platters

### Charcuterie board

Air-dried beef, Mortadella, dry-cured ham, Serrano ham, peppercorn salami, chorizo, Bresaola, Farmhouse chutney and homemade rosemary studded sourdough focaccia  
257 kcal per 100g

### British cheese board and chutney (vg)

Stilton, Croxton Manor Cheddar, Applewood smoked Cheddar, creamy Brie and Red Leicester, white stilton with apricot, White stilton with mango and ginger crackers and grapes 289 kcal per 100g

### Vegan cheese board (vg)

Vegan Brie, white Cheddar, Greek feta, Shamembert, Macadamia white 310 kcal per 100g

### Antipasti selection

Grilled mushroom, marinated artichoke, pitted, domat and kalamatta olives (v), cheese stuffed red chilli peppers, grilled artichokes, marinated mini figs, grilled peppers (vg)  
344 kcal per 100g

## Fresh salads and sides

### Butter and cannellini bean salad (vg) (c)

Baby spinach, orange segments, pickled red onion 150 kcal

### Roast golden and candied beetroot (v) (c)

English goat's cheese, toasted seeds, red chard 172 kcal

### Traditional prawn cocktail (c)

Bloody Mary ketchup 146 kcal

## Sunday specials

### Roasted beef Yorkshire pudding

Beef top side in slice, roast grated carrot and parsnip, Yorkshire pudding Baked, Beef Gravy 222 kcal

### Sausage slider

Plant-based mini burger bun, chipolatas pork sausage, tomato, lettuce, gherkins 212 kcal

### Bacon slider

plant-based mini burger bun, bacon strings, tomato, lettuce, gherkins 218 kcal

(v) vegetarian | (vg) vegan | (c) cold | (h) hot  
(ngci) no gluten-containing ingredients

## Please ask us about the allergens in our food

We use a wide range of ingredients in our kitchen, some of which may contain allergens. Please let us know if you have a specific allergy or dietary requirement so we can let you know of the most appropriate food choice.

Adults need around 2000 kcal a day.

## Sliders

### Vegan mini slider (vg)

Plant-based mini burger bun, vegan smoked cheese, tomato, lettuce, red onion, gherkins and plant-based burger-patty are the pea protein and the extra virgin olive oil 169 kcal per 100g

### Chicken mini slider

Plant-based mini burger bun, battered chicken, tomato, lettuce, red onion, gherkins 135 kcal per 100g

## Focaccia

### Homemade Focaccia

Rosemary, sea salt, olive oil 188 kcal per 100g

### Homemade focaccia tomato and olives

Stuffed focaccia marinade with olive oil, sea salt, rosemary fresh and basil dry, pitted olives and cherry tomato 188 kcal per 100g

## Mini pies

### Curried cauliflower mini pie (vg) (ngci) (h)

Olive oil mash and rosemary gravy 280 kcal

### Beef and red wine mini pie (ngci) (h)

Olive oil mash and rosemary gravy 330 kcal

## Bagels

### Houmous and chargrilled pepper bagel (vg)

207 kcal per 100g

### Smoked salmon bagel (c)

Cream cheese and avocado 205 kcal per 100g

### Traditional warm salted beef bagel

Piccalilli and gherkin 195 kcal per 100g

## Dessert

### Crème brûlée cheesecake 198 kcal

### Vegan chocolate ganache with pineapple and mint (vg) 210 kcal

### Triple chocolate mousse with clotted cream and strawberries 218 kcal

### Raspberry parfait with Chantilly cream and fresh raspberries 178 kcal